



The Beach Club

HEALTH AND FITNESS

Occasional Use Price List

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| Swim only | £5 per session |
| Senior Citizen Swim | £4 per session |
| Junior Swim (3-15 yrs inclusive, under 3's free) | £3.50 per session |
| Family Swim (2 adults & 2 children) | £15 per session |
| 10 Swim Session cards | £45 (to be used within 12 months of purchase) |
| Senior Citizen 10 Swim Session cards | £36 (to be used within 12 months of purchase) |
| Swimming Lessons | £8.50 (1 to 1, 30 mins) £6 per pupil (swim class up to 2 pupils, 30 mins) £4.50 per pupil (coaching session) |
| Fun Sessions (Holidays only) | £5 non-members £3.50 (members/swim lesson pupils) |
| Aqua Aerobics | £5 non-members £4 Senior Citizen £2.50 members |

* All Children must be accompanied by an Adult over the age of 18

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| Gym Induction | £15 |
| Gym only | £5 per session |
| Senior Citizen Gym | £4 per session |
| Junior Gym (14-15 yrs) | £3.50 per session |
| Gym & Swim | £7.50 |
| Senior Citizen Gym and Swim | £6.50 |
| Junior Gym and Swim* (14-15 yrs 7am-7.30pm) | £5.50 |
| 10 Gym Session cards | £45 (to be used within 12 months of purchase) |
| Senior Citizen 10 Gym Session cards | £36 (to be used within 12 months of purchase) |
| 10 Gym and Swim Session Cards | £65 |
| Senior Citizen Gym and Swim cards | £60 |
| Exercise Class | £5 (Non Members) £4 (Senior Citizen) £2.50 (Members) |
| Class and Swim | £7.50 (Non Members) £6.50 (Senior Citizens) £5 (Gym Members) |